



RETREAT IN EVERYDAY LIVING

Wednesday, May 20, 2026
6:30 PM - 8 PM

○ THIRD WEDNESDAY OF EVERY MONTH
6:30 PM DOORS OPEN
7 PM MEETING STARTS

○ IN-PERSON
THE RETREAT
1221 WAYZATA BLVD EAST
WAYZATA, MN 55391

○ JOIN OUR FACEBOOK GROUP
[FACEBOOK.COM/GROUPS/SHERECOVERSTWINCITIES](https://www.facebook.com/groups/sherecoverstwincities)

Are you feeling the need to reconnect with yourself and others? As women in recovery, we deserve to retreat, to find time in our lives to renew and refresh ourselves. Please join us at this Sharing Circle to connect with other women to experience precious time devoted to your self-care as a gift to you. We welcome you to connect...to pause...to have this time with other women in recovery.

In partnership with The Retreat and SHE RECOVERS® Foundation, Women in Recovery is thrilled to host SHE RECOVERS Sharing Circles.

These community-based circles of support are intended to provide a welcoming and supportive atmosphere for women on all paths of recovery to join together and share their thoughts, feelings and experiences related to a specific topic that will be announced in advance. A trained SHE RECOVERS Certified Professional facilitator will guide every circle to ensure that all members of our community feel heard, seen and protected.



Our programming focus this year is:
**Held by Community,
Healed by Connection.**

theretreat.org/women-in-recovery
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WOMEN
IN
RECOVERY