

Sought through Prayer & Meditation

An 11th Step retreat with Sherry Gaugler-Stewart

"Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out."

Step 11 speaks of improving our conscious contact with our Higher Power, which isn't easy to do if we don't take time and space to intentionally focus on and strengthen that relationship. This retreat will be an opportunity to renew and deepen our commitment to this Relationship and our program by focusing on Step 11—practicing prayer, meditation, and quiet reflection throughout the weekend.

\$350/person

includes lodging, food & materials.
Scholarship funds are available.

Sep 25–27, 2026

SCHEDULE

4:00pm - 5:30pm FRIDAY // CHECKIN
NOON SUNDAY // CHECKOUT

WHERE

The McIver Center at The Retreat
1351 Wayzata Boulevard East, Wayzata, MN

REGISTER

Complete the reverse side of this flyer. Space is limited. For those who struggle with substance use, a minimum of 30 days of continuous sobriety is required to attend our spiritual retreats.



SHERRY GAUGLER-STEWART // DIRECTOR OF FAMILY & SPIRITUAL RECOVERY

Sherry has worked with the Family Program at The Retreat since it first started, is a trained Spiritual Director, and a meditation teacher. She has been personally involved in her own recovery journey for over 26 years. Sherry has led 11th Step retreats locally and in Bermuda. She is passionate about the topic of meditation and about helping others explore and experience meditation for themselves.

ATTENDEES WILL EXPERIENCE

- An opportunity to **retreat** from the pull of the daily distractions in our lives
- Connection** with others on this spiritual path, including group discussion
- Exploration of **spiritual practices**
- Nourishment**, with meals prepared by our award-winning chef

FOR MORE INFORMATION CONTACT

Jen at jsamet@theretreat.org or
Sherry at sgaugler-stewart@theretreat.org
952.476.0566 | TheRetreat.org

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PLEASE SIGN ME UP!

*If e-mailing this form,
please do not include
credit card information.
We will send you a link to
process your payment.*

LAST NAME _____ FIRST NAME _____

ORGANIZATION _____ TITLE _____

ADDRESS _____

CITY / STATE / ZIP _____

DAY PHONE _____ MOBILE PHONE _____

EMAIL ADDRESS _____

\$350/person includes lodging, food & materials.
Scholarship funds are available.

\$75 of this fee is a non-refundable/non-transferrable deposit

My check made payable to The Retreat is enclosed.

Please charge my VISA/MASTERCARD/DISCOVER/AMEX \$

CREDIT CARD # _____ EXP/ DATE _____

NAME AND ADDRESS OF CARDHOLDER IF DIFFERENT FROM ABOVE _____

If mailing, please send payment, along with the completed Registration Form, to this address:

The Retreat

1221 Wayzata Boulevard East
Wayzata MN 55391
952.476.0566 or 1.877.446.9283
theretreat.org

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an 11th Step Retreat with Sherry Gaugler-Stewart

Friday, September 25 – Sunday, September 27, 2026

Check-in 4:00 – 5:30pm on Friday | Check-out Noon on Sunday

The Mclver Center at The Retreat 1351 Wayzata Blvd. E. | Wayzata, MN

SPONSORED BY : The Retreat

