

Powerless, not Helpless: the Wisdom to know the Difference

A weekend retreat with Roger B.

We often find it difficult to admit our powerlessness, but we discover in that empty desperation there is a light, and a different pathway forward. We learn that we are not helpless to choose. But how do we decide what to choose? How do we make choices that will bolster our recovery? A new direction starts with admitting, now the journey begins.

Together during this weekend, we will start wherever we are to create a new beginning!

\$350/person

includes lodging, food & materials.
Scholarship funds are available.

Apr 24-26, 2026

SCHEDULE

4:00pm - 5:30pm FRIDAY // CHECKIN
NOON SUNDAY // CHECKOUT

WHERE

The McIver Center at The Retreat
1351 Wayzata Boulevard East, Wayzata, MN

REGISTER

Complete the reverse side of this flyer. Space is limited. For those who struggle with substance use, a minimum of 30 days of continuous sobriety is required to attend our spiritual retreats.

ATTENDEES WILL EXPERIENCE

- An opportunity to **retreat** from the pull of the daily distractions in our lives
- Connection** with others on this spiritual path, including group discussion
- Exploration of **spiritual practices**
- Nourishment**, with meals prepared by our award-winning chef



ROGER has been active in 12 Step recovery for more than 47 years, is a Spiritual Director, and an effective teacher. He takes to heart the necessity of daily maintenance of our spiritual condition and continues "to seek", as directed in the 11th Step, to grow in his own relationship with God. He has a deep concern for individuals in 12 Step Recovery and has extensive experience carrying the message of recovery. He has facilitated workshops and retreats in the Midwest and Canada.

FOR MORE INFORMATION CONTACT

Jen at jsamet@theretreat.org or
Sherry at sgaugler-stewart@theretreat.org
952.476.0566 | TheRetreat.org

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If e-mailing this form, please do not include credit card information. We will send you a link to process your payment.

PLEASE SIGN ME UP!

LAST NAME _____ FIRST NAME _____

ORGANIZATION _____ TITLE _____

ADDRESS _____

CITY / STATE / ZIP _____

DAY PHONE _____ MOBILE PHONE _____

EMAIL ADDRESS _____

\$350/person includes lodging, food & materials. Scholarship funds are available.

\$75 of this fee is a non-refundable/non-transferrable deposit

My check made payable to The Retreat is enclosed.

Please charge my VISA/MASTERCARD/DISCOVER/AMEX \$

CREDIT CARD # _____ EXP/ DATE _____

NAME AND ADDRESS OF CARDHOLDER IF DIFFERENT FROM ABOVE _____

If mailing, please send payment, along with the completed Registration Form, to this address:

The Retreat

1221 Wayzata Boulevard East
Wayzata MN 55391
952.476.0566 or 1.877.446.9283
theretreat.org

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Friday, April 24 - Sunday, April 26, 2026

Check-in 4:00 – 5:30pm on Friday | Check-out at Noon on Sunday

The McIver Center at The Retreat 1351 Wayzata Blvd. E. | Wayzata, MN

SPONSORED BY : The Retreat


the retreat