



FLOWING WITH THE STREAM OF LIFE

Wednesday, April 15, 2026
6:30 PM - 8 PM

○
THIRD WEDNESDAY OF EVERY MONTH
6:30 PM DOORS OPEN
7 PM MEETING STARTS

○
IN-PERSON
THE RETREAT
1221 WAYZATA BLVD EAST
WAYZATA, MN 55391

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JOIN OUR FACEBOOK GROUP
[FACEBOOK.COM/GROUPS/SHERECOVERSTWINCITIES](https://www.facebook.com/groups/sherecoverstwincities)

Our lives can become so complicated. How do we slow down and simplify our lives? Learning to slow down in our recovery and experience the simple things can bring us joy and ease.

In partnership with The Retreat and SHE RECOVERS® Foundation, Women in Recovery is thrilled to host SHE RECOVERS Sharing Circles.

These community-based circles of support are intended to provide a welcoming and supportive atmosphere for women on all paths of recovery to join together and share their thoughts, feelings and experiences related to a specific topic that will be announced in advance. A trained SHE RECOVERS Certified Professional facilitator will guide every circle to ensure that all members of our community feel heard, seen and protected.



Our programming focus this year is:
Held by Community, Healed by Connection.

theretreat.org/women-in-recovery
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**WOMEN
IN
RECOVERY**