



I AM ENOUGH

Wednesday, February 18, 2026
6:30 PM - 8 PM

○
THIRD WEDNESDAY OF EVERY MONTH
6:30 PM DOORS OPEN
7 PM MEETING STARTS

○
IN-PERSON
THE RETREAT
1221 WAYZATA BLVD EAST
WAYZATA, MN 55391

○
JOIN OUR FACEBOOK GROUP
[FACEBOOK.COM/GROUPS/SHERECOVERSTWINCITIES](https://www.facebook.com/groups/sherecoverstwincities)

Do you feel you are recovering from the 'not-enough-ness' in your life? Perhaps you have grown up feeling a sense of not doing enough and being enough. Join us in sharing how we can reclaim 'enoughness' in our lives and know that we do not have to be enough for everyone, but instead enough for ourselves.

In partnership with The Retreat and SHE RECOVERS® Foundation, Women in Recovery is thrilled to host SHE RECOVERS Sharing Circles.

These community-based circles of support are intended to provide a welcoming and supportive atmosphere for women on all paths of recovery to join together and share their thoughts, feelings and experiences related to a specific topic that will be announced in advance. A trained SHE RECOVERS Certified Professional facilitator will guide every circle to ensure that all members of our community feel heard, seen and protected.



Our programming focus this year is:
Held by Community, Healed by Connection.

theretreat.org/women-in-recovery
mnwomeninrecovery@gmail.com
fb/insta: @WomenInRecoveryMN



**WOMEN
IN
RECOVERY**